

HYPNOSIS COURSE



**“Enter The Trance Of
Transformation...”**

**Imagine Changing Your
Life & the Lives of Others.**

**Don't Miss Out on This
Life-Changing Opportunity!**

REGISTER NOW!





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- **WELCOME**

An introduction to the course, your facilitator, and what to expect throughout the journey. This sets the tone for a safe, respectful, and transformational experience.
- **A BRIEF HISTORY OF HYPNOSIS**

Explore the origins of hypnosis from ancient traditions to modern-day therapeutic use. Understand how perceptions and techniques have evolved over centuries.
- **IS THE USE OF HYPNOSIS LEGAL?**

This topic clarifies the legalities of practicing hypnosis in different regions. It includes professional standards and scope of ethical application.
- **RELIGIOUS CONSIDERATIONS**

Addresses common religious concerns and misconceptions about hypnosis. Encourages respectful integration with personal beliefs.
- **WHAT IS HYPNOSIS?**

Defines hypnosis as a focused, receptive mental state. Explains its scientific, psychological, and therapeutic framework.
- **POSITIVE MENTAL ATTITUDE**

Learn the importance of maintaining a constructive mindset during therapy and life. Discover how attitude influences outcomes.
- **THE POWER OF HYPNOSIS**

Understand how hypnosis taps into the subconscious to create change.



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- **HYPNOSIS & THE MIND**

Break down how hypnosis interacts with brain function and thought patterns.

- **EXPLAIN HYPNOSIS**

A simplified explanation of how hypnosis works and how it feels. Ideal for practitioners to use with clients.

- **PRIME DIRECTIVES OF UNCONSCIOUS MIND**

Outlines the key functions and rules of the unconscious mind. Helps explain why hypnosis can be effective and long-lasting.

- **THE CONSCIOUS & UNCONSCIOUS MIND**

Differentiate between conscious awareness and unconscious processing. Understand how both influence behavior and change.

- **FIVE PRINCIPLES OF SUCCESS**

Five core principles that support personal and professional success in hypnosis and beyond. Includes mindset and practice habits.

- **RAPPORT & PACING**

Build connection and trust with clients through verbal and non-verbal techniques. Learn how rapport enhances suggestibility.

- **PACING BELIEFS AND OPINIONS**

Discover how to gently match and guide a client's current worldview. Use pacing to introduce new ideas without resistance.



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- **WHEN NOT TO PACE**

Learn scenarios where pacing is counterproductive or inappropriate. Includes ethical boundaries and timing strategies.
- **HOW TO TEST FOR RAPPORT**

Practical methods for assessing whether rapport has been achieved. Includes observation cues and subtle client feedback.
- **THE ESTABLISHMENT OF RAPPORT**

A step-by-step guide to creating deep client connection. Builds trust as the foundation for trance work.
- **UNIVERSAL SCRIPT FOR HYPNOSIS**

A versatile, reliable induction and deepening script for most client needs. Can be adapted across various sessions.
- **BRAINWAVE ACTIVITY**

Explains different brainwave states (Beta, Alpha, Theta, Delta). Connects each state to stages of trance.
- **SIGNS OF TRANCE**

Learn to identify physical and behavioural indicators of hypnosis. Includes both subtle and overt signs.
- **BELIEF WITHIN THE THERAPIST**

Explore how a hypnotist's own mindset and certainty influence outcomes. Highlights the importance of congruence and inner alignment.

ENROL NOW!

Hypnotistmelbourne.com.au